

MARCH 13, 2010



**MARCH 13, 2010 9:30AM-1:30PM AT INGRAM PLAZA  
LIBERTY STATION, POINT LOMA**

The Junior League of San Diego invites you to Kids in the Kitchen, a health and fitness event. Chefs, health care providers, community organizations and businesses will encourage participants to make healthy eating and physical activity a lifetime habit. For more information, please visit: [WWW.JLSD.ORG](http://WWW.JLSD.ORG).

**Free and open to the public!**

**Game On!™ Obstacle Course**  
**Nutrition Exploration**  
**Fun for the whole family!**

**Cooking Demos**  
**Interactive Learning Booths**  
**Giveaways & Raffle Prizes**

"The Junior League of San Diego, Inc. is part of an international organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers."



**JUNIOR LEAGUE  
OF SAN DIEGO**  
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