

## **California Sol Food:**

Casual Cooking from the Junior League of San Diego

*California Sol Food* celebrates the sunny climate of San Diego with simple, refreshing recipes that perfectly reflect the casual, surf's-up lifestyle of America's Finest City. In addition to 163 triple-tested recipes, *California Sol Food* offers fabulous menus, great cooking tips, and 25 full-page food photographs by Frankie Frankeny, recently named one of The 100 Most Creative People in America by Entertainment Weekly Magazine

The 224 page, four-color cookbook features recipes that are arranged by the position of the sun during the day, and text that capture the flavor of San Diego's most notable destinations, events and points of interest. *California Sol Food* retails for \$29.95. It is also available at the JLSD Headquarters at 210 Maple, San Diego, CA 92103, 619.234.2253 and through the JLSD Web site at [www.jlzd.org](http://www.jlzd.org).

*California Sol Food* offers a true snapshot of a day in the life of San Diego County. The book is divided into eight chapters, each featuring candid color photos of our best-loved San Diego locations. Spend the day with us as and see how the locals do it as we take you through Breakfast, Brunch, Lunch, Tea, Happy Hour, Dinner and Dessert, all the way to Midnight Snack.

Sales of *California Sol Food* will be used by the Junior League of San Diego to promote voluntarism, develop the potential of women, and improve the community through the effective action and leadership of trained volunteers. Its purpose is strictly educational and charitable. The Junior League of San Diego members contribute over 60,000 volunteer hours and raise more than \$150,000 per year for our community assistance programs, through endowments, grants and special events.

To order a copy of *California Sol Food: Casual Cooking from the Junior League of San Diego*, contact the Junior League at 619.234.2253 or visit the Web site at [www.jlzd.org](http://www.jlzd.org).

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