

Biographies of Presenters



Shamini Jain, PhD is a psychologist, scientist, and social entrepreneur. She is the Founder/Director of the Consciousness and Healing Initiative (www.CHI.is), a collaborative accelerator that connects scientists, health practitioners, innovators, and social entrepreneurs to forward the science and practice of healing. Dr. Jain obtained her B.A. in Neuroscience and Behavior from Columbia University, and her Ph.D. from SDSU/UCSD in Clinical Psychology, with focus in psychoneuroimmunology.

Dr. Jain's work has been featured in TIME, CNN, and US News & World Report and she is a contributing author to the Huffington Post and Times of India. Dr. Jain has a passion for sharing the science and practice of healing and well-being. She regularly speaks at major universities, health conferences, corporations and NATO and TEDx. Dr Jain has published extensively in the areas of psychoneuroimmunology and well-being, integrative medicine and healing and has received numerous awards from scientific societies. She has partnered with the Chopra Foundation, UCSD Center for Integrative Medicine, and the Cancer Research Institute, among many others. In addition to forwarding her life's passions and helping others realize theirs, Dr. Jain's biggest joys are spending time with her beautiful family, singing, and surfing! More at www.shaminijain.com.



Dr. Lorri Sulpizio is the Director of the Conscious Leadership Academy at the University of San Diego, and the founder of the Center for Women's Leadership. Dr. Sulpizio's leadership interests include 1) gender dynamics, specifically women, voice, and power; 2) application of group relations theory to the practice of leadership and building effective teams; 3) how authenticity and a balanced sense of self leads to effective leadership; 4) developing confidence, mental strength and team cohesion in athletes. Dr. Sulpizio created the Women in Higher Education Leadership Summit and the Cultivate Conscious Kids Program and is committed to creating programs meeting the deeper needs of individuals and organizations.

Dr. Sulpizio is a certified leadership coach and a certified practitioner in the Leadership Circle Profile, the Meyers-Briggs Type Indicator, DiSC, and Firo-B. She believes using data is a useful first step in helping people realize their leadership potential. Dr. Sulpizio was a board member with numerous art, fitness and athletic councils, and has served as women's basketball coach at Mesa College and Cuyamaca College. She is also the co-founder and principal for Lotus Leadership Institute. Dr. Sulpizio has taught graduate and undergraduate courses in leadership, including its relations to Gender, Integral and Contemporary Issues. She has consulted with Qualcomm, Rady's Children's Hospital, SDSU, UCSD. She has published chapters and articles on leadership topics in textbooks, journals, and popular press publications.



Felice L. Gersh, M.D. is a rare combination of an integrative physician, board certified in both OB/GYN and Integrative Medicine. As such, she is able to utilize the most cutting-edge and high-tech diagnostic testing, while incorporating science-based therapies – from the herbal to the surgical – to assist in the healing process. Adept in all areas of women’s health, Dr. Gersh is renowned for her expertise in hormonal management of women. She also approaches the female aging process in a holistic manner, comprehensively addressing the negative impact of circadian rhythm disruption, sleep disturbances, pharmaceuticals, environmental toxins, nutrient and hormonal deficiencies, gut microbiome imbalances, and chronic stress. She sees the patient as an integrated whole, and refuses to accept conventional medicine’s limited view of people in terms of isolated organ systems.

Dr. Gersh attended Princeton University, medical school at USC, was accepted into the prestigious medical honor society, and in 2010, completed a two-year, Integrative Medicine fellowship program under Dr. Andrew Weil. Dr. Gersh has received numerous awards, including the last 14 years as the Orange County Medical Association’s Physician of Excellence Award. Another unique aspect of Dr. Gersh’s career is as a forensic medical expert serving on high-profile legal cases. Dr. Gersh loves children, has four children, five grandchildren, and her husband, Bob, is her lifelong companion and fitness specialist at their practice. Dr. Gersh loves adventure travel, reading and writing.



Erica Oberg, ND MPH is a naturopathic doctor whose approach to health and healing combines science and research with the wisdom of nature and our bodies. Dr. Oberg received her doctorate in naturopathic medicine from Bastyr University, and obtained an MPH with emphasis on nutrition, health promotion and positive behavioral change. Dr. Oberg approaches the nutritional and lifestyle dimensions of health with options that resonate no matter where you are. She offers micronutrient and genetic testing to understand personal needs and develop individual strategies.

Dr Oberg empowers her patients and honors a team-based approach to healthcare. She specializes in identifying the underlying root causes of disease; patients with “undiagnosed” conditions, endocrine conditions, auto-immune disease, and people ready for lifestyle transformation or weight loss. She has served as a Medical Director at Bastyr University California. Dr. Oberg is also a researcher supported by the National Institute of Health (NIH), the WA State Department of Health and numerous foundations. She has published over 35 peer-reviewed research papers in health and wellness. When not partnering with patients in healing through personalized integrative medicine, you will find Dr Oberg cooking easy plant-based treats, leading international lifestyle retreats, and paddle boarding with her dog Siddha.



Brahman Kyrie is an exceptional healer, spiritual teacher and founder of The Brahman Project, a non-profit organisation dedicated to healing and supporting the vulnerable. Brahman Kyrie uses Ignite Your Spirit Therapy to change the lives of her clients. She has a deep intuitive understanding of the core issues of physical and emotional health and has extensive experience in treating addictions.

Formerly a dancer, model and actress, the direction of her life changed over the years and she humbly bowed out of this career and stepped into her spiritual shoes fulltime. Brahman Kyrie

travels the world providing healing, performing sacred ceremony and sharing her story, inspiring souls to awaken to their full potential.



Trisha Kelly is Executive Director and a Divine Light teacher with Spiritual Arts Institute, the premier metaphysical school for the aura, health and spiritual growth. Starting her career as a dancer and actress, Trisha immersed herself in the study of Raja Yoga and meditation. She served for over 20 years at Paramahansa Yogananda's International Headquarters in Los Angeles, which provided the bedrock for her spiritual and professional life.

Trisha's desire to share this lifestyle with others, along with her love of spiritual community, led to her co-founding the Soul of Yoga and its renowned Yoga Teacher Training Institute with her husband, Tom. Trisha began her study of metaphysics with internationally acclaimed authors and teachers Barbara Y. Martin and Dimitri Moraitis in 2006, and her continued love of this work inspires her to facilitate metaphysical classes, workshops, yoga classes and retreats.



Lien Ho is a gentle soul, a Certified Holistic Health Practitioner, Master Healer and Qigong Instructor. She has studied mainstream natural healing as well as spiritual development with some of the best known international teachers and healers. Her diverse studies include anatomy, kinesiology, physiology, pathology, as well as energy healings and the Eastern and Western bodywork modalities. Her specialties are Medical Qigong, Myofascial Release and Deep Emotional Release Therapies.

Lien is passionate about her work and is skilled in using her hands, head, and intuition. She sincerely puts every effort in helping her clients heal and by promoting self-healing and encouraging people to take charge of their own health. Lien was born to love, to share, and to help people to reconnect to the Source! She is the server to all in need.



Diáne Mandle established a private practice integrating Polarity, Sound Healing and Coaching. She became Certified through the state of California to teach Tibetan bowl sound healing in schools but opted to continue her private practice which included workshops and began to offer educational concerts nationally. She is associated with the San Diego Cancer Center as one of its Integrative Therapy Team members and offers regular sessions there to cancer patients.

She has produced three CD's, a multimedia course - "Ancient Sounds for a New Age: Introduction to Himalayan Sacred Sound Instruments," appeared on numerous radio and television programs including NPR, is featured in the film "Tao: Living in Balance and has published over 20 instructional books. The alliance of 'Sacred Sound Workshops' (SSW) provides teachings on vibrational healing within the context of the Tibetan Buddhist Dharma. Instruction focuses on the proper use of the Himalayan instruments as they apply to the altering of meditative consciousness, mental/emotional transformation and stimulation of physical healing. Each workshop offers special attention to the instrument's cultural/historical foundations, traditional and contemporary therapeutic techniques. Learn more: www.soundenergyhealing.com



John St. Claire is certified as a Master Practitioner of NLP, Hypnosis, and Time Empowerment. He has three degrees in music and has studied at the Tibetan Bowl School of Sound Healing. He's received additional personal training with Marcel Vogel (inventor of the liquid crystal display, magnetic disc storage, and the Vogel cut quartz crystal) and Leah Harper, a Native American Medicine Woman (featured in a Discovery Channel special).

John has a private healing practice in Carlsbad with Tibetan bowls, crystal bowls, gongs, bells and a crystal healing table. He helps clients to create significant changes in their lives physically, mentally and spiritually. The primary intention of his practice is to allow the alignment and complete expression of your soul in every aspect of your being.